シンポジウム

Postgraduate Training Program of National Center of Mental Health, Mongolia

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Background

There has been organized general psychiatrist's training since 2005 in Mongolia. Center of Mental Health and Narcology organized general psychiatrist's training in 2004, Mental hospital organized general 2005. psychiatrist's training in 2005. National Centre of Mental Health has been organizing general psychiatrist's training since November 2006. 60% of mental health workers were under 35 years old, so there was needed urgently to specialize them in psychiatry. In addition, there has been organizing training of main 5 specialized sectors of psychiatry since January, 2008 to whom graduated general psychiatrist's training program successfully.

Aims

To prepare specialized doctors and nurses in psychiatry.

Objectives

- 1. To prepare specialized psychiatrists
- 2. To prepare specialized psychotherapists
- 3. To prepare specialized abnormal psychologists
- 4. To prepare specialized specialists of addiction medicine
- 5. To prepare specialized forensic psychia-

trists

- 6. To prepare specialized child and adolescence psychiatrists
- 7. To prepare specialized psychiatric nurse

Training program of general psychiatry was approved by Ministry of Health, with 44 credits, with tuition fees 450.000T (375\$) for 1 year. Training program of 6 main sectors of psychiatry and training program of psychiatric nurses also approved by Ministry of Health, with 12 credits, with tuition fees 180.000T (150\$) for 3 months.

Results

Training of nurses was taken place 2 times, 28 nurses specialized in psychiatry. 16 psychiatrists specialized in psychotherapy, 10 psychiatrists specialized in abnormal psychology, 7 psychiatrists specialized in addiction medicine, 7 psychiatrists specialized in forensic psychiatry. In 2005 there was specialized 1 doctor in general psychiatry, in 2006 9 doctors, in 2007 6 doctors and also 6 doctors specialized in 2008. At the result, 22 doctors specialized in general psychiatry, 40 doctors specialized in main 5 specialized sectors of psychiatry and 28 nurses specialized in psychiatry. Among the year there was organized training which included 90 mental health workers. Now we are planning to organize training of child and adolescence psychiatry in March, 2009.

We are organizing many training and education programs about mental health and addiction medicine for public, collaborating with NGOs and government organizations in the setting program and project.

Plan of Action

In 2009 we are planning to organize the training for 3 months that will prepare health assistants as assistant nurse. There will be improved knowledge and attitude and quality of nursing care of health assistants.

(この論文は抄録集より転載しました)